



Asotin County Community Services Employment Newsletter

Serving the Lewis-Clark Valley since 1973

All people living, working, learning and playing in a community based on abilities, not disabilities.

Our phone number: (509) 758-8349; Our website: www.asotincountycommunityservices.com

May-June 2018 Edited by Cynthia Tierney

ADVISORY: Our May 23 Advisory Group meeting featured Chairman Steve Martin of the Disability Advisory Commission for the City of Lewiston. Steve discussed the need for a transition plan with the goal of making Lewiston ADA compliant. The room was filled to capacity with representatives from Goodwill, Careers by Compass, DSHS, Asotin County, the Clarkston School District, and others. Final word from the attendees: who better than people with disabilities to be involved in the process of formulating a transition plan toward a more accessible experience for Lewiston visitors and residents.

JOB OPENING: Check the Lewiston Tribune every Sunday and Wednesday. We anticipate a need for a direct support staff. Call to inquire-509-758-8349.

REQUEST FOR QUALIFICATIONS: Asotin County is seeking qualified providers to provide DDA funded Individual Employment and Community Inclusion services for the new contract year 2018-2019, which starts July 1, 2018. Interested agencies please email your letter of interest to: ctierney@co.asotin.wa.us

Thank you Vanessa Lombard: Asotin County is proud to thank Vanessa Lombard for her hard work on the newsletters. She is working at the Idaho Food Bank and seeking full time work in the community, and has chosen to take time off from designing our newsletter. We appreciate Vanessa and wish her well in her future endeavors.

NEW JOB DEVELOPER: ACCS welcomes Deb Warner-Marbach to the team. She will be in the community introducing our agency to potential employers. She will also work with job candidates to develop a professional resume and experience with job interviewing, to give them the edge they deserve. Together with our Vocational Program Manager, Kenna Buckner, ACCS is connecting job candidates with community jobs!

June is National Safety Month

[Laura Walter](#) |

<http://www.ehstoday.com/safety/national-safety-month-5-tips-safer-work-force>

Every June, the National Safety Council (NSC) celebrates National Safety Month to educate and influence behaviors around the leading causes of preventable injuries and deaths. U-Teck offers five safety tips to help employers make the most of National Safety Month and ensure their employees stay safe in the field.

To paraphrase:

1. Employers can help you protect your bones and muscles by investing in appropriate tools such as ergonomic keyboards, chairs, mats, etc.
2. Watch out for invisible dangers in closed places. Practice OSHA's "test, purge and ventilate" routine to ensure that the space is free of combustible gases and has ample oxygen.
3. Be Visible on the road. The most recent Bureau of Labor statistics show that 220 workers were struck and killed by vehicles while working on constructions sites. If you work near traffic wear bright, high-visibility clothing.
4. Inspect your ladder before you use it! Follow precautions. The top step really is not meant to hold the weight of a human body.
5. Keep your cool! Overheating can cause heat stroke, a sometimes fatal injury. Drink fluids, take breaks and wear lightweight clothing. Your employer should find ways to safeguard workers from the beating sun.



Lovetildpic.com

June 21, 2018



From an article by Karen Wang: Some things to keep in mind to prepare your child with special needs for fun summer activities...

1. **Teach your child his or her full name and address;** Show where the number is on the house or curb.
2. **Teach your child to sing his/her address and phone number.** Singing is a great tool for memorization.
3. **Learn how to cross the street safely.**
4. **Practice saying no.** Make it a game in which you take turns asking each other to do increasingly absurd things.
5. **Play hide-and-go-seek** to teach your child how to remain calm while looking for you.
6. **Teach your child what an emergency is and how to call 911.**
7. **Start swimming lessons.**
8. **Practice asking for help.**

Cool activities to engage your child at home:

- ◆ **Fingerpainting!** Sweetened condensed milk makes a beautiful, edible fingerpaint.
- ◆ **Dig for Worms** – it's a great exercise for fine motor skills and tactile defensiveness. Re-home the worms next to that seedling you planted.
- ◆ **Build an obstacle course** with hula hoops, lawn furniture and empty boxes.
- ◆ **Rent the Movie!** After you finish reading a book such as *The Lorax*, watch the movie.
- ◆ **Call somebody!** just to say hello.

Safety Meetings occur at 1:30PM on the 3rd Wednesday of each month and are required for people who work on federal contracts. The next meeting is June 20.

Double Check Your Timesheet: We have systems in place for accuracy, but systems are not human proof. Check your timesheets against your own records and call us if you find an error.

Valley Community Center-Activities for Adults
Tuesdays, Thursdays, Fridays lunch! 12:00-1:00 p.m. Just \$7.00. Only \$4.00 for persons 60+ years

Featuring a Birthday Dinner every month with cake and ice cream. Birthday dinner is usually on the last Tuesday of the Month. All welcome.

Mondays: Painting Class 12:00-3:30 a.m.

Tuesdays: Fitness Class: 10:15-11:15 a.m.

Wednesdays: Line Dancing: 10:15-11:15 a.m.

Thursdays: Blood Pressure Check 11:30 a.m.

Fridays: Weight Watchers 8:00-10:00 a.m.

For more information email Valley Community Center at valleycommunitycntr@gmail.com or call (509) 758-4064

